



We are not your average companionship service, we utilize the latest technology which enables our staff to communicate in real time with staff back at our offices through video chatting and messaging. This gives us the power to handle any situation that may arise and allows us to have important information readily available for our staff. This is an essential service which separates us from other agencies and is another reason why Friends and Family Senior Companionship is an agency you can trust for yourself or loved one.

**Friends and Family
Senior Companionship**

Contact us at:

PO Box 287

Poughkeepsie, NY 12602

Visit us at:

4327 Albany Post Rd

Hyde Park, NY 12538

Or find us on the web at:

Friendsandfamilyprogram.net

Like us on Facebook:

Friends & Family Senior
Companionship, LLC

Tel (845) 867-8492

Fax (845) 229-2543



Friends and Family Senior Companionship

We are a dedicated and passionate agency here to provide emotional support and companionship for seniors who wish to remain independent in the home.



Friends and Family Senior Companionship provides non-medical, homecare services to clients, who may require assistance in their own homes and communities to assist in the maintenance and retention of their independence and well-being. These services are responsive to the distinct needs of the client and are delivered by qualified home care workers.

When should I consider FF Senior Companionship Services?

- When my elderly loved one wants to remain independent at home but needs assistance with non-medical home care services
- When another family caregiver or I need a break from the challenges of day-to-day of caregiving
- When my elderly loved one is experiencing a decline related to a lack of social stimulation

FF Senior Companionship Services:

- Homemaking
- Companionship/Sitting
- Respite
- Friendly Reassurance
- Chores
- Transportation (Additional Service \$)



Senior Companionship Goals

- Provide assistance to seniors in their homes to maintain and retain their independence and well being
- Promote feelings of self-worth and self-efficacy
- Support active and healthy lifestyle
- Address social, emotional, physical, cognitive needs
- Reduce depression, isolation, and loneliness

Hours of Operation

7 Days A Week

8:00 AM- 8:00 PM



Get to know us!

Executive Director, Myriam Jeanty-McCalla has attained her Bachelor of Arts in Psychology from Mount Saint Mary College, a Certificate of Graduate Studies in Public Health and Epidemiology from the University at Albany, and will soon earn her Master's degree in Public Health. She has been involved with the personal healthcare industry for 25 years.

Program Coordinator, Jonathan Berman has attained his Bachelor of Arts in Psychology from SUNY New Paltz and a Master of Social Work from Florida State University. He is excited to bring his passion for geriatrics to this program.